

Play the Darts Game!!!

Object: To row with a consistent stroke rate and power output

Time: 10-12 minutes

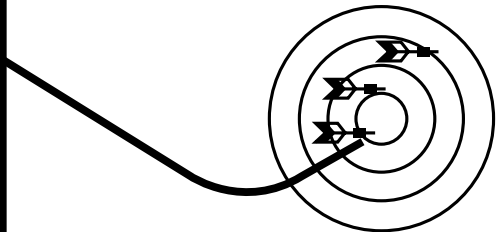
Number of Darts (strokes) : 300

Points: 50 points for a bull's eye; 25, 10, and 5 points for next three rings.

Perfect Score: 15,000 points!

How to set up the PM4 to play *the Darts game*:

1. Pull on the handle or push any button to turn on the PM4 monitor.
2. Push "MAIN MENU > GAMES > DARTS."
3. Row 5 warm up strokes to establish your personal "bull's eye" stroke rate and power output.
4. Row to "throw" your 300 darts. If you are very consistent on each stroke, you will get the most points. The target is self-centering and will adjust to new paces, but changing pace will negatively affect your score.

Score	6800	Darts	154
			
27	Target s/m	2:26	Target /500